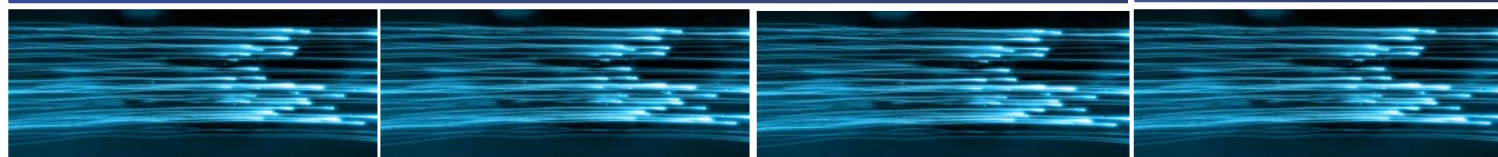


University of Waikato – School of Psychology

**Māori & Psychology
Research Unit**
Annual Report 2014



M P R U

Māori & Psychology Research Unit

Annual Report 2014



Waikaremoana Waitoki & Linda Waimarie Nikora



THE UNIVERSITY OF
WAIKATO
Te Whare Wānanga o Waikato

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BACKGROUND

The Māori and Psychology Research Unit (MPRU) was established in August of 1997. The Unit acts as a catalyst and support network for enhancing research concerning the psychological needs, aspirations, and priorities of Māori people. The MPRU is well situated to draw together skilled and experienced interdisciplinary research groups by networking and establishing working relationships with staff and students within the School of Psychology, the Faculty of Arts and Social Sciences, the wider University and general community.

An important role played by the MPRU is the provision of invaluable practical experience to both Māori and non-Māori students through involvement in Māori focused research, planning and management, and professional development activities. The Unit is a vehicle for responding to Māori issues at local and national levels, particularly at community and organisational levels and increasingly, in international spaces.

The MPRU is a leading international indigenous research and teaching entity that reflects the University of Waikato's distinctiveness strategy and enacts the core goal of promoting excellence in research and teaching. In the last eight years the MPRU has generated over 6 million dollars in external research income, and over \$675,000 in external scholarships. Several senior academics within the Unit are recognized international leaders in their respective fields.

Furthermore, emerging researchers and scholars have also begun to have an impact on the future direction of psychology. The MPRU also runs an advisory service to assist researchers in writing research proposals that will result in research products useful to Māori development. The MPRU staff have a proven history of supporting Māori PhD and Masters' psychology students. These students benefit from our ongoing contact with the University of Waikato's Faculty of Arts and Social Sciences and other institutions such as the:

The School of Māori & Pacific Development, Te Whakaruruhau Māori Women's Refuge (Hamilton), Waikato Institute of Technology (Wintec); The Waikato Institute of Technology, Te Runanga o Kirikiriroa, iwi groups, the Auckland City Mission, the Nga Pae o te Maramatanga national network of Maori scholars, Victoria University of Melbourne, Curtin University; University of South Australia (Adelaide), and the University of Notre Dame (Perth).

In the 2014 year, the MPRU produced over 50 peer-reviewed articles, delivered conference papers, keynote addresses, invited papers to symposia/conferences, student theses and commissioned reports. Through winning grants and awards, the Unit presents itself as an avenue for students to further their academic development and scholarly pursuits, enhance their professional connections and to receive financial assistance.

GOALS

- ❖ **To provide a support structure** which encourages Māori focused research in psychology.
- ❖ **To serve as a scholarly resource** to support Māori focused research projects and to promote new research initiatives among staff, undergraduate and graduate psychology students.
- ❖ **To seek out new sources of research funding**, respond to requests for proposals and tenders relevant to Māori issues, and to obtain continued external funding for Māori focused psychological research.
- ❖ **To facilitate the professional development of Māori researchers** and to continue to develop future leaders in Māori focused research and psychology.
- ❖ **To provide a foundation for the teaching of psychology** by enhancing availability and access to Māori focussed research experience and products.
- ❖ **To promote the use of Māori focussed research** products into the School of Psychology's curriculum
- ❖ **To facilitate internal and external lectures** and research seminars to support the development of new projects and disseminate the work of scholars in the Unit.
- ❖ **To host** visiting researchers and scholars
- ❖ **To encourage collaborative research** in Māori focussed projects across disciplines.

HE TIRO WHAKAMURI: FUTURE DIRECTIONS

Tena koutou,

This year has been a year of 'movement' for staff, associates and students of the Maori and Psychology Research Unit. Professor Ngahuia Te Awekotuku retired from the University to pursue her own writing and research interests after serving the academy across three New Zealand universities (Auckland, Victoria and Waikato). We are grateful for her continued involvement with the MPRU as a Research Associate and for her scholarship excellence. Professor Darrin Hodgetts also completed this year with a move to Massey University – Albany to further his career in poverty research and to work more closely with collaborators like Professors Kerry Chamberlain and Stuart Carr. We also celebrate the appointment of Pita King, one of our senior students, to a teaching post also at Massey University – Albany. Although the movement of MPRU staff away from the university and from our on campus day to day life, their pursuit of new opportunities, experiences and collaborations serve to enrich the MPRU as we continue to work with them in the virtual space.

Six doctoral students working on MPRU related research areas submitted their PhDs this year, and there are more still in the making. This reflects the maturity of the MPRU as a supportive and successful environment for post-graduate students. We are all extremely proud of their achievements and watch with interest as their professional lives unfold.

As the National Science Challenges and bids for CoRE funding proceed, we see ourselves moving into greater collaboration with colleagues across disciplines and institutions. This means that we have to lift our gaze beyond that of psychology, our own university and interests, to what will benefit society. This is not a new space for us as all our work has the goal of making a difference, particularly for those who are often excluded from society. What is new is the opportunity to meet, engage and work with others with similar community and research aspirations and a shared passion for change. 2015 will be a brilliant year.

Na,

Linda Waimarie Nikora (PhD)
Director, Maori & Psychology Research Unit.

MPRU STAFF & COLLEAGUES

- ✦ **Director:** Professor Linda Waimarie Nikora (Tuhoe/Te Aitanga-a-Hauiti)
- ✦ **Senior Research Officer/Post-Doctoral Fellow:** Dr Waikaremoana Waitoki (Ngāti Mahanga/Ngāti Hako).

PRINCIPAL INVESTIGATORS

- | | |
|---|--|
| • Professor Linda Waimarie Nikora | • Professor Darrin Hodgetts (Massey University) Kai Tahu, Kati Mamoe |
| • Professor Ngahuia Te Awekotuku Te Arawa, Waikato, Tuhoe | • Mohi Rua (Waikato University) Tuhoe, Ngāti Whakaue |
| • Dr Tess Moeke-Maxwell (Waikato University) Ngai Tai Umupuia, Ngāti Pukeko | • Dr Waikaremoana Waitoki |
| • Bridgette Masters-Awatere (Waikato University) Te Rarawa, Ngai te Rangi | • Professor Kerry Chamberlain (Massey University, Albany) |
| • Dr Otilie Stolte (Waikato University) | • Dr Neville Robertson (Waikato University) |
| • Prof Alan Radley (Loughborough University, England) | • Associate Professor Kevin Dew (University of Otago) |
| • Dr Pauline Norris (University of Otago) | • Te Kahautu Maxwell (Waikato University) Te Whakatohea |
| • Professor Pou Temara (Waikato University) Tuhoe. | • Enoka Murphy (Waikato University) Ngāti Manawa |
| | • Dr Ottlie Stollie (Waikato) |

RESEARCH ASSOCIATES

- | | |
|--|---|
| • Saburo Omura (Waikato University) | • Dr Virginia Tamanui, (Auckland) |
| • Dr Shaun Awatere (Landcare Research, Hamilton) Ngāti Porou | • Dr Michelle Levy, Tainui |
| • Okeroa McRae (Tainui Endowment College) Tainui | • Prof Jonathan Gabe (Royal Holloway, University of London) |
| • Professor Pat Dudgeon (Perth) | • Dr Wen Li (James Cook University, Townsville, Australia) |
| • Dr Eci Nabalarua (University of South Pacific, Fiji) | • Prof Bernard Guerin and Dr Pauline Guerin (University of South Australia, Adelaide) |
| • Prof Dan McNeil (University of West Virginia, USA) | • Prof Neil Drew (The University of Notre Dame, Perth and the Nulungu Centre for Indigenous Studies, Broome, Western Australia) |
| • Prof Rogelia Pe-Pua (Aus) | • AProf Dawn Darlaston-Jones (Aus) |
| • Prof Giselle Burns (Darwin) | • Dr Karlo Mila-Schaff (Otago Wgtn). |
| • Prof Johana Prawitsari (Indonesia) | |
| • Dr Byron Seuli | |

PROFILE: INTERNATIONAL STUDENT

Hi. I am Edward Theodorus.

I'm from Indonesia, a country that has more than 300 ethnic groups. My ethnic group is Batak, whose ancestral homeland is in the North Sumatera Province, Sumatera Island. Both my parents are native Bataknese. My mother's affiliation is with the Hutabarat clan (or hapu, in NZ term?) of the North Tapanuli region. My father's affiliation is with the Rambe Purba clan of the Pakkat region. However, I was born and raised in the region not of my ancestors, which is in the Riau Province. I went to high school in Jakarta, and got my bachelor degree in psychology from the University of Gadjah Mada, Yogyakarta, in 2004. My experience in service learning, where undergraduate students were placed in communities in need for a couple of months as part of required course, contributed to my desire in working in the field of civil society. In 2002, with several colleagues, I formed a local NGO called *Institute for Community Behavioral Change* (ICBC). Our mentor is Prof. Johana E. Prawitasari.

In 2008-2009, I co-led a project: "*Development of community-based reproductive health programs for vulnerable adolescent groups*", funded by The Ford Foundation. This is the first time the ICBC handled programmes for adolescents. I learned a lot from this experience. It also aroused my enthusiasm to do studies and action programmes on adolescents' psychosocial wellbeing. There were many programmes and research related to adolescents' life skills, but rarely did they employ traditional wisdom. Traditional or indigenous culture often considered as a barrier to those kinds of activities. I was interested to prove otherwise, that indigenous culture could contribute to the enhancement of adolescents' life skills. That interest, combined with the need to enhance my academic skills, lead to my desire to study Master's degree.



I was interested in studying community psychology for my Masters degree's subject after I came across a book about international community psychology, which among the writers there are Bridgette Masters and Neville Robertson. I liked the chapter, and wanted to learn from the authors. A colleague in AUT, Associate Professor John Smith, also recommended that I study at the university where they teach. And the university is University of Waikato. I applied for NZAS scholarship and got it. That's how I ended up in this university.

At first, I was interested in ways to do research and action programmes to enhance adolescents' life skills that also incorporate indigenous culture. During my study at University of Waikato, my interests were refined. Now I am interested in the topics of the university's relationship with local indigenous people and ways to improve service learning. I guess I cannot get over my experience in doing community service when I was an undergraduate student. The topic of my Master's thesis is students' social interest in Kīngitanga Day. Kīngitanga Day is one of the manifestations of university relationship with local indigenous people. After graduating from Uni, I aspire to do more community development research and programmes, preferably as part of the university's centre for community service, to apply and learn more about community psychology, and to explore how universities and local indigenous people can collaborate for improvement.

VISITING SCHOLAR: PROFESSOR JOHANA E. PRAWITASARI

When the Faculty of Psychology, Universitas Gadjah Mada (UGM), Yogyakarta, Indonesia organized the 10th Biennial Conference of the Asian Association of Social Psychology on August 20-23, 2013, I met Professor Linda Waimarie Nikora, Dr. Moana Waitoki, and Ms. Bridgette Masters-Awatere from the University of Waikato, Hamilton, New Zealand. Since Edward Theodorus, my former assistant, is studying at that university, I introduced myself to them. I invited them to have dinner at my place. Professor Nikora

could not join us since she had a meeting with other scholars at the conference.



Only Dr. Waitoki and Ms. Masters-Awatere went to my house and had dinner with us. In August to September 2014 I visited University of Waikato, Hamilton, New Zealand to have my short sabbatical leave. Professor Nikora invited me to work in Maori and Psychological Research Unit (MPRU) at the university. She also invited me to

give one session on her lecture. Dr. Waitoki invited me to her house and met with her family. We also had a stroll at the Lake of Hamilton. I hope that this connection will last long, by collaborating on research and community service in the future. We plan to have our colleagues at MPRU visit us someday.

I retired from the University of Gadjah Mada in February 2012 and joined Universitas Kristen Krida Wacana (UKRIDA) in Jakarta since then. UKRIDA is generous in co-funding with me to go to University of Waikato. MPRU has provided me with a place to work during my visit at the university. (Above Professor Prawitasari & Professor Linda Nikora, Waikato University).

Thank you. Johana.

PROJECT REVIEW

THE CONTRIBUTIONS OF MĀORI KNOWLEDGE TO AN INDIGENOUS PSYCHOLOGY

Investigators: Dr Waikaremoana Waitoki, Associate Professor Linda Waimarie Nikora and Professor Patricia Dudgeon (Curtin University, Perth).

Grant Agency: Nga Pae o te Maramatanga.

OBJECTIVES

This 2 year project proposes to (a) identify culturally appropriate standards of practice for psychologists who work with Māori, including traditional and non-traditional cultural practice, (b) identify the concepts and underlying theory and practice implications of Māori cultural practices that are being used in therapeutic encounters, (c) investigate the relevance of those practices and concepts to the improvement of Māori needs, and (d) develop those concepts and practices into a theory and practice-based psychology curriculum for the health workforce and to advance the development of an indigenous psychology. The project is well underway and data collecting has begun in earnest.

MAORI EXPERIENCES OF BIPOLAR DISORDER: PATHWAYS TO RECOVERY

Principal Investigators: Associate Professor Linda Waimarie Nikora & Dr Waikaremoana Waitoki & Parewahaika Harris

Grant agency: Te Pou (100,000).

Status: Completed. Release date, Feb, 2015

OBJECTIVES

The research examined the unique, lived experiences of Māori who were diagnosed with bipolar affective disorder and who are currently living 'well'. Recent literature indicates that Māori present at higher rates than non-Māori with bipolar disorder; however, there is little qualitative information about the nature of their experiences, as well as sparse detail of the impacts that bipolar has on their everyday lives. The aim of this research was to gather information about the health service experiences of Māori who were diagnosed with bipolar affective disorder. In particular, the research explored the everyday life experiences of Māori highlighting that recovery requires a focus on the systemic and longitudinal nature of health disparities as they exist for Māori.

Research Excellence

Principal Investigators: Mohi Rua and Professor Darrin Hodgetts

Associate Investigators: Tom Roa, Linda Waimarie Nikora and Ngahuia Te Awekotuku

Research assistant: Tiniwai Te Whetu

Masters' student: Pita King

Grant agency: Nga Pae o te Maramatanga.

Status: Completed.

Since the launch of the project in 2012, we have now concluded this research albeit with empirical data still waiting for further analysis and publication. Although we had 3 objectives in total, one objective in particular became the focus of our time which was



the homeless Maori men in central Auckland. As a result much of our publication work has centred around these men's lives as evidenced by the below publications and dissemination activities and Pita King Masters' thesis. Pita is now enrolled in his PhD thesis with supervision from myself and Darrin through Massey University (Albany Campus). However, our research team is now (2015) focused on publishing the stories gathered from the other two objectives

with participants from Tuhoe ki Waikato and Ngati Maniapoto kaumatua. At this point we would like to acknowledge the continued support of Nga Pae o te Maramatanga, as funders of this project.

Dissemination activities since 2013:

King, P. (2014). *Homeless Maori Men: Re-connection, Re-joining, and Re-membering Ways of Being* (Unpublished Masters' Thesis). The University of Waikato, Hamilton.

King, P., Hodgetts, D., Te Whetu, T., & Rua, M. (2014, 11 July). *Gardens, Boil-ups and homeless Maori men 'Being' at the marae*. Paper presented at the Te Waka Rangahau Hinengaro, Massey University, Albany Campus, North Shore

Hodgetts, D., Rua, M., King, P., & Te Whetu, T. (2013, 12 June). *The Ordinary in Extraordinary Everyday Lives: Māori Homeless Men Gardening in Auckland. An invited presentation to The Department of Psychology Colloquia*. The University of Auckland, Auckland.

Rua, M. (2014, 10 April). *Maori men's health: Stereotyping, relationships and grieving*. Paper presented at the PSYC228-14A (HAM/TGA) Culture, Ethnicity and Psychology Lecture, The University of Waikato, Hamilton.

Rua, M., Hodgetts, D., King, P., Te Whetu, T., & Holt, W. (2013, 26 Nov. *Homeless Maori men gardening in Tamaki Makaurau: An invited presentation*. Paper presented at the Nga Pae o Te Maramatanga Fostering Te Pa Harakeke Research Symposium, Trinity Wharf Hotel and Conference Centre, Tauranga.

Rua, M., Hodgetts, D., King, P., Te Whetu, T., & Holt, W. (2013, 19 Nov. *Street homeless Maori men – A research project in progress: An invited presentation*. Paper presented at the Tomaioara Research Seminar, School of Population Health, the University of Auckland Tamaki Campus.

(photos below: Project team investigators and research participants).

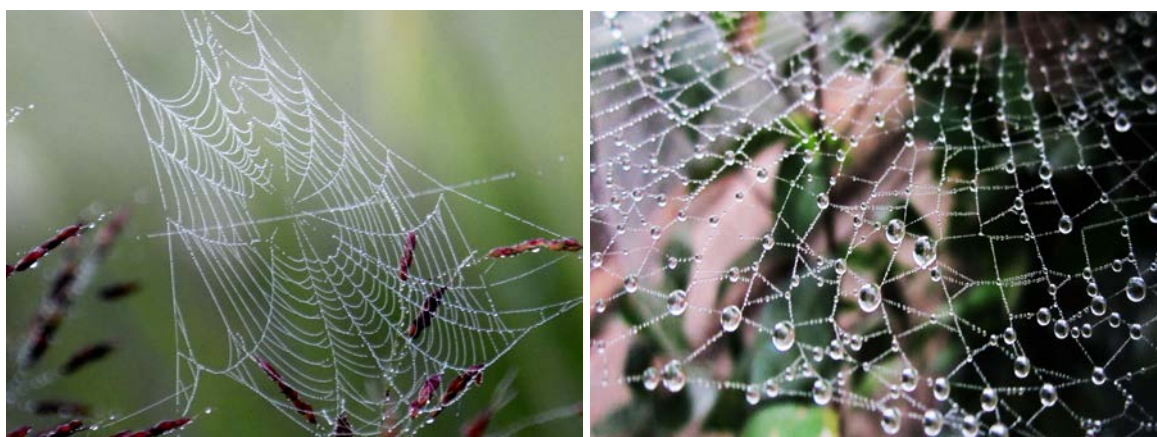


Editors: Dr Waikaremoana Waitoki & Dr Michelle Levy

Grant Agency: Nga Pae o te Maramatanga. (2013-2014). Expected completion 2015.

Māori perspectives in psychology have developed significantly over the past 20 years to the point we are now at a stage where we contribute to a diverse range of professional and practice areas. As practitioners and researchers we have long scrutinised the relationship between mātāuranga Māori and western psychology. We have teased out, brought together, or discarded aspects of western psychology to form distinct and uniquely Māori ways of understanding and practising psychology; the time is right for those voices to be brought together and heard.

The book authors are experienced psychologists who work across a range of settings including: community, clinical, counselling, education, and research & teaching. The book is targeted towards Māori psychologists, psychology students and teachers of psychology and will provide a resource that privileges the needs of Māori as consumers of psychology. The interlinking ideas and connections that derive from a Māori worldview are pivotal to the theme of the book and our aspirations as Māori scholars and practitioners.



Whare pungawerewere: A pictorial metaphor for the interlinking of ideas that form the connections between mātāuranga Māori and contemporary understandings of psychological theories, therapies and practice.

INTERNATIONAL COLLABORATIONS

AUSTRALIAN INDIGENOUS PSYCHOLOGISTS EDUCATION PROJECT

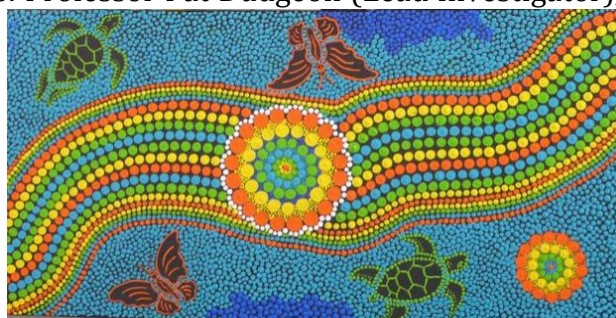
Associate Professor Linda Waimarie Nikora and Dr Waikaremoana Waitoki are reference group members on a collaborative project funded by the Office for Learning and Teaching (OLT) and led by the School of Indigenous Studies at the University of Western Australia. The project overview is not unfamiliar to Maori aspirations in Aotearoa.

...“higher education to become a natural pathway for Aboriginal and Torres Strait Islander people. Success in higher education will lay the foundations for an Aboriginal and Torres Strait Islander professional class that can contribute to closing the gap and to Australia’s broader wellbeing and economic prosperity”.¹

The Australian Indigenous Psychology Education Project (AIPEP) draws on the perspectives of psychology academics and students, Aboriginal and Torres Strait Islander psychologists and leaders of university Indigenous education centres, with the aim of maximising:

- ✦ Recruitment and retention of Indigenous psychology students
- ✦ Indigenous content and cultural competency training for all students in psychology
- ✦ Relevant competency training for psychologists working with Aboriginal and Torres Strait Islander people.

The project team report that they have been well supported by a wide range of key stakeholders, research participants, and members of the AIPEP National Reference Committee members. The project includes: Professor Pat Dudgeon (Lead Investigator), University of Western Australia, Charles Sturt University - Professor Jeannie Herbert, Dr Jillene Harris, Macquarie University - Associate Professor Judi Homewood, University of New South Wales - Associate Professor Jacky Cranney, University of Notre Dame - Associate Professor Dawn Darlaston-Jones, Western NSW Local Health District - Dr Russell Roberts, Australian Psychological Society - Dr Sabine Hammond, and Ms Heather Gridley.



¹ (Behrendt, Lark, Griew & Kelly (2010), Review of Higher Education Access and Outcomes for Aboriginal and Torres Strait Islander People, p.xi).

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PRELIMINARY FINDINGS

Analysis from interviews to date has highlighted widespread support for curriculum change and increasing Aboriginal and Torres Strait Islander participation in psychology. However, multi-level barriers have also emerged. These barriers exist at a number of levels including personal, institutional and societal. The Team is working to identify those barriers, what support can be provided and the approaches needed to move the agenda.

UPDATE: INTERNATIONAL PROJECT ON COMPETENCE IN PSYCHOLOGY

Waikaremoana continues as a working group member on the project that began in Sweden, 2013. To date she provided extensive feedback on the development of the project to international and national psychology associations. In July, along with working party members, she presented the latest draft at the International Conference of Applied Psychology in Paris, France. Members of the committee come from Colombia, Canada, Romania, South Africa, the United States of America, China, and England. The working party anticipates that endorsement for the final document will occur in Yokohama in 2016. The projects seeks to:

1. Develop a global agreement on identifying the benchmark competencies that define professional psychology.
2. [Establish] common and consistent criteria for the accreditation/recognition of quality educational programs preparing professional psychologists and licensing/credentialing and regulation of professional psychologists.
3. Facilitate mobility for individual psychologists across various jurisdictions and ease the processes for the receiving countries/communities.

An update on the project was provided to delegates at the New Zealand Psychological Society's Annual Conference held in Nelson, August, 2014. A plenary session delivered by Waikaremoana Waitoki, Bridgette Masters-Awatere,

Rosanne Black (Poverty Action Waikato) and Erana Cooper (University of Auckland) provided an opportunity to ask the audience about their views on a global definition of competence. Predominant comments revealed that such a project needed to include consultation across the world, particularly the views of the most marginalised peoples in society. Ongoing involvement includes a working group meeting in Oslo in September, 2014; Auckland, February 2015, and Milan, July, 2015.



On the 21st October, the History Department of the University of Waikato hosted a delegation from Charles Darwin University (CDU) to build potential connections and collaborations between Waikato and CDU. A whirlwind tour of the University took in visits to Te Kotahi Research Institute, the Department of History, and the Maori and Psychology Research Unit.

The party comprised of Professor Simon Maddocks, Vice-Chancellor, Charles Darwin University; Professor Steven Larkin, Pro Vice-Chancellor Indigenous Leadership and Director of ACIKE (Australian Centre for Indigenous Knowledges in Education) and Professor Giselle Burns, Charles Darwin University. Professor Burns was the Post Graduate VC at Waikato.

Professor Larkin has served on numerous national advisory committees in Indigenous Affairs. He has chaired the Aboriginal and Torres Strait Islander Higher Education Advisory Council or ATSIHEAC (then Indigenous Higher Education Advisory Council) for three years (2009-2012), and the Northern Territory Board of Studies for two years (2010-2012). ²He is also a member of several well-respected professional affiliations which include:

- ✧ National Aboriginal and Torres Strait Islander Higher Education Consortium (NATSIHEC)
- ✧ Aboriginal and Torres Strait Islander Higher Education Advisory Council (ATSIHEAC)
- ✧ National Indigenous Research and Knowledge Network (NIRAKN)
- ✧ First Peoples Education Advisory Group (FPEAG)
- ✧ Healing Foundation
- ✧ BeyondBlue

A highlight was a meeting in the MPRU room and a tour of the School of Psychology. Professor Larkin was particularly keen to hear how MPRU incorporates indigenous content into its activities. He commented that *"We are looking at ways to possibly reconfigure our delivery of Indigenous teaching, learning and research programs here at CDU and how we can learn from institutions such as Waikato in terms of the ways in which the institution manages the structure, location and delivery of such programs"*. Professor Larkin, 2014.

² <http://www.cdu.edu.au/executives/steven-larkin>

Professor Tony Walters: Director of the Centre for Death Studies

In November, the MPRU were delighted to host a Special Seminar as part of the Tangi Research Programme. Professor Tony Walter is an internationally renowned as “the world’s only Professor on Death studies”, whose research contributions have provided pathways into a subject that is under-studied. Over the past twenty years, Professor Walter has focused on researching, writing and lecturing on death in modern society, e.g. funerals, afterlife beliefs, personal bereavement and public mourning, human remains in museums, new discourses of spirituality, death in the news media and in online social media.

Professor Walters has also helped to promote the interdisciplinary study of death and society. Working with churches and Civil Ceremonies celebrants across many cultures, Professor Walter is involved in the diverse communities of contemporary Britain.

The presentation: *Why different societies manage death differently: a global perspective* was well received and prompted a much longer post seminar discussion with staff and students, particularly those involved in the Tangi Project.

Recent publications include:



Walter, T., 2015. *Imag(in)ing the Dead as Angels*. In: *Malady and Mortality*. Cambridge Scholars Publishing.

Walter, T., 2014. *Sociological Perspectives*. In: Stillion, J. M. and Attig, T., eds. *Death, Dying and Bereavement*. Springer.

STUDENT SUPPORT

GRADUATE & POSTGRADUATE STUDENTS

Shevon Barrow
Shannon Beard
Samantha Brennan PhD
Julie Chatwin
Caitlin Davys
Amanda Drewer PhD
Adirennna Ember PhD
Jessica Goshe
Wol Hansen
Seth Heynes
Catherine Lane
Tuhana Marsh
Melissa McKenzie
Emma Moslen
Saburo Omura
Keriata Paterson PhD
Nina Rakei
Mohi Rua PhD
Sripriya Somaschar PhD
Edward Theodorus
Nicole Waru

Tawhana Ball
Rae Braithwaite
Gnei Cassim
Catherine Corbett
Deidre Detroit
Kiri Edge PhD
Linda Gee
Parewahaika Harris
Michelle Hayman
Pita King
Sean Xue Lim
Bridgette Masters-Awatere PhD
Yusuke Okuyama
Leah Oh
Sali Namwinga
Brook Pemberton
Kathrine Robbins
Byron Seuli PhD
Gabrielle Taylor
Claire Troon

MPRU 2014 SCHOLARSHIP RECIPIENTS

The MPRU awarded eight scholarships for 2014. The recipients were:

Keriata Paterson (PhD)
Byron Seiuli (PhD)
Parewahaika Harris (Master's)
Stacey Ruru (Honour's)
Tony Lorigan (Honour's)
Melissa McKenzie
Cate Casswell

Kiri Edge (PhD)
Sripriya Somasekhar (PhD)
Leah Minkyung (Master's)
Horiana Jones (Master's)
Jessica Suri
Zoe Large
Tiana Hackett

The MPRU graduates the largest cohort of Māori PhD and Masters' students in Aotearoa. These students benefit from our ongoing contact with the School of Psychology, the

Faculty of Arts and Social Sciences, external research entities, community groups and other tertiary institutions.

Students engaged in projects under the supervision of MPRU staff were invited to present their work and whakawhanaunga. The quality of research suggests a pool of future leaders in psychology who are well placed to contribute to kaupapa Māori focussed research.

MĀORI AND PSYCHOLOGY RESEARCH UNIT SYMPOSIUM

Protecting the past, living the present, enhancing the future: 12th Dec

As part of the MPRU Scholarship Programme and the goal of creating future scholars, were students were supported in sharing their knowledge, skill and experience with staff and colleagues of the School of Psychology. Students enrolled in PhD, Master's and Honour's level papers have, over the past few years, worked extremely hard to complete their degrees and the quality of their presentations were outstanding.



Anthony Lorigan presenting his paper: Sex, Drugs and Smashing Skulls.

Staff and students of the School of Psychology were on hand to provide support and encouragement to each student, some of whom were first time presenters. Also present was Okeroa McRae from the Tainui Endowment College (bottom right).

STUDENT SUCCESS

Parewahaika Harris continues to perform as an engaging and informed speaker, winning the *Clinical Institute's Student Paper* at the New Zealand Psychological Society Conference (August, 2014), held in Nelson, for her paper entitled: *Māori womens' experiences of bipolar disorder: Pathways to recovery*. Pare was also invited to apply for the Clinical Institute's Maori Scholarship on the strength of her presentation, which she subsequently won.

2014 RESEARCH OUTPUTS

In total the MPRU is able to report **50 research outputs** for the 2014 year. These outputs include peer reviewed articles, articles under review, books, book chapters, technical/commissioned reports, invited presentations, conference presentations, completed student theses and professional appointments.

PEER REVIEWED ARTICLES

1. Dew, K., Chamberlain, K., Hodgetts, D., Norris, P., Radley, A., & Gabe, J. (2014). Home as a hybrid centre of medication practice. *Sociology of Health & Illness*, 36(1), 28-43. doi:[10.1111/1467-9566.12041](https://doi.org/10.1111/1467-9566.12041)
2. Hodgetts, D., Chamberlain, K., Tankel, Y., & Groot, S. (2014). Looking within and beyond the community: Lessons learned by researching, theorising and acting to address urban poverty and health. *Journal of Health Psychology*, 19(1), 97-102. doi:[10.1177/1359105313500250](https://doi.org/10.1177/1359105313500250)
3. Hodgetts, D., Chamberlain, K., Groot, S., & Tankel, Y. (2014). Urban poverty, structural violence and welfare provision for 100 families in Auckland. *Urban Studies*, 51(10), 2036-2051. doi:[10.1177/0042098013505885](https://doi.org/10.1177/0042098013505885)
4. Li, W. W., Hodgetts, D., & Sonn, C. (2014). Multiple senses of community among older Chinese migrants to New Zealand. *Journal of Community & Applied Social Psychology: Special Issue: Ageing and Community*, 24(1), 26-36. doi:[10.1002/casp.2174](https://doi.org/10.1002/casp.2174)
5. Hodgetts, D., Stolte, O., & Groot, S. (2014). Towards a relationally and action-orientated social psychology of homelessness. *Social and Personality Psychology Compass*, 8(4), 156-164. doi:[10.1111/spc3.12096](https://doi.org/10.1111/spc3.12096)
6. Nikora, L. W. (2014). Dreaming ourselves into places of higher learning: Indigenous psychologies at the University of Waikato. *Diversity in Higher Education*, 15, 167-177. doi:[10.1108/S1479-364420140000015016](https://doi.org/10.1108/S1479-364420140000015016)
7. Roche, M. A., & Hayman, J. (2014). Editorial. *New Zealand Journal of Human Resource Management*, 14(1), 2.
8. Roche, M. A., Haar, J. M., & Luthans, F. (2014). The role of mindfulness and psychological capital on the well-being of leaders. *Journal of Occupational Health Psychology*, -online. doi:[10.1037/a0037183](https://doi.org/10.1037/a0037183)
9. ten Brummelhuis, L. L., Haar, J., & Roche, M. (2014). Does family life help to be a better leader? A closer look at crossover processes from leaders to followers. *Personnel Psychology*, 67(4), 917-949. doi:[10.1111/peps.12057](https://doi.org/10.1111/peps.12057)
10. Terrill, D., Robertson, N., & Lammers, M. (2014). "There's no cloud of shame on me": Māori men's experiences of prison-based psychological rehabilitation - Part I. *Psychology Aotearoa*, 6(1), 20-24.
11. Terrill, D., & Robertson, N. (2014). "There's no cloud of shame on me": Māori men's experiences of prison-based psychological rehabilitation - Part II. *Psychology Aotearoa*, 6(2), 71-77.

TECHNICAL/COMMISSIONED REPORTS

12. Waitoki, W., Nikora, L. W., Harris, P. W., Levy, M. (2014) Maori experiences of bipolar disorder: Pathways to recovery. Commissioned Report. Te Pou o te Whakaaro Nui. Hamilton, New Zealand. (Under review).
13. Hayman, J., & Roche, M. A. (2014). [Editors] New Zealand Journal of Human Resource Management. 14(1), 52 pages.

KEYNOTES & INVITED ADDRESSES

14. Hodgetts, D. J. (2014). [Keynote] Psychology, inequality and lives characterized by urban poverty. In *New Zealand Psychological Society Annual Conference: Ka tū, ka oho – Te matai hinengaro me te ao hou: Psychology in a Changing World*. Conference held at Nelson, New Zealand.

CONFERENCE ABSTRACTS

15. Cooper, E., Waitoki, W., Nikora, L. W., Te Awekotuku, N., & Masters-Awatere, B. (2014). Māori Psychology Forum. In *Workshop presented at The New Zealand Psychological Society Annual Conference: Ka tu, ka oho - Te matai hinengaro me te ao hou Psychology in a Changing World*. Conference held at Nelson, New Zealand.
16. Harris, P., Waitoki, W., & Nikora, L. W. (2014). Seeking wellbeing for Māori women with bipolar disorder: Creativity and art. In *New Zealand Psychological Society Annual Conference: Ka tu, ka oho - Te matai hinengaro me te ao hou Psychology in a Changing World*. Conference held at Nelson, New Zealand.
17. Oh, L. M., Waitoki, W. W., & Nikora, L. W. (2014). Korean migrants' experiences and attitudes towards mental illness and mental health services in New Zealand. In *New Zealand Psychological Society Annual Conference: Ka tu, ka oho - Te matai hinengaro me te ao hou Psychology in a Changing World*. Conference held at Nelson, New Zealand.
18. Masters-Awatere, B., Nikora, L., & Robertson, N. (2014). The inclusion of cultural concepts in the evaluation of Kaupapa Māori programmes. In *New Zealand Psychological Society Annual Conference: Ka tu, ka oho - Te matai hinengaro me te ao hou Psychology in a Changing World*. Conference held at Nelson, New Zealand.
19. Roche, M. A., Haar, J. M., & Brougham, D. (2014). Whakawhanaungatanga and personal challenges in Māori Leadership: Stories from the boardroom to the Marae. In *New Zealand Psychological Society Annual Conference*. Conference held at Nelson, New Zealand.
20. Roche, M. A., Haar, J. M., & Luthans, F. (2014). The role of mindfulness and psychological capital on the well-being of organizational leaders. In *Occupational Health and Safety Industry Group Conference (OHSIG) : Worldclass Workplace: Achieving Excellence Together*. Conference held at Aotea Centre, Auckland, New Zealand.
21. Robertson, N. R., Masters, B., Lane, C., Tapara, A., Corbett, C., Graham, R., . . . King, T. (2014). Whānau ora in the context of domestic violence: Reflections on an evaluation

- of the wellbeing service of Te Whakaruruhau. In *New Zealand Psychological Society Annual Conference: Ka tu, ka oho - Te matai hinengaro me te ao hou Psychology in a Changing World*. Conference held at Nelson, New Zealand.
22. Robertson, N. R., Masters, B., Lane, C., Tapara, A., Corbett, C., Graham, R., . . . King, T. (2014). Whānau ora in the context of domestic violence: Reflections on an evaluation of the wellbeing service of Te Whakaruruhau. In *New Zealand Psychological Society Annual Conference: Ka tu, ka oho - Te matai hinengaro me te ao hou Psychology in a Changing World*. Conference held at Nelson, New Zealand.
 23. Waitoki, W. W., Black, R., Cooper, E., & Masters-Awatere, B. (2014). PeArLS: Identifying the benchmark competencies that define professional psychology: Perspectives from Aotearoa/ New Zealand. In *New Zealand Psychological Society Annual Conference: Ka tu, ka oho - Te matai hinengaro me te ao hou: Psychology in a Changing World*. Conference held at Nelson, New Zealand.
 24. Waitoki, W. W., Nikora, L., & Dudgeon, P. (2014). Developing a curriculum for an indigenous psychology: Using the critical incident technique. In *49th APS Annual Conference, Psychology meeting society's challenge*. Conference held 30/09 – 3rd Oct in Hobart, Tasmania.
 25. Waitoki, W. (2014). International context for increasing cultural competence for sustainable well-being of Indigenous people. In *28th International Congress of Applied Psychology (ICAP)*. Conference held at Paris, France.

CONFERENCE PRESENTATIONS

26. Black, R. M., & Waitoki, W. (2014). Recognising culture in the practice of Psychology in Aotearoa New Zealand. In *28th International Congress of Applied Psychology (ICAP)*. Conference held at Paris, France.
27. Malcolm-Buchanan, V., N. Te Awetokutuku., Nikora, L. W. & Roa, T. Cloaked in life and death: Tangi and taonga in a contemporary Maori whanau. Oral presentation, International Research Advisory Panel, Nga Pae o te Maramatanga. 17-19 Nov, 2014, Auckland.
28. Edge, K., Nikora, L. W., Te Awetokutuku, N., & Robertson, N. Different coloured tears: Whanau, expert and professional perspectives of bicultural bereavement. A doctoral study in progress. Oral presentation, International Research Advisory Panel, Nga Pae o te Maramatanga. 17-19 Nov, 2014, Auckland.
29. King, P., Hodgetts, D., Te Whetu, T., & Rua, M. (2014). Gardens, boil-ups and homeless Māori men 'being' on the marae. In *Te Waka Rangahau Hinengaro, School of Psychology, Massey University, Albany, New Zealand*.
30. King, P., Rua, M., Hodgetts, D., Nikora, L. W., Te Awetokutuku, N., Roa, T., Te Whetu, T., Neha, T., Holt, W. Aue, Ha! Maori men's relational health. Oral presentation, International Research Advisory Panel, Nga Pae o te Maramatanga. 17-19 Nov, 2014, Auckland.
31. Hodgetts, D. (2014). What does it mean to be poor in New Zealand today. In *Institute of Judicial Studies Seminar: Trends in New Zealand Society, Auckland, New Zealand*.

32. Nikora, L. W., Waitoki, W., & Dudgeon, P. (2014). An indigenous psychology teaching and research hub: Enabling our resources, strengths and histories. In *49th Australian Psychological Society's Annual Conference*. Conference held at Hobart, Australia. (L-R: Heather Gridley, Professor Pat Dudgeon, Professor Tim Hannan (past



President, Australian Psychological Society; Associate Professor Linda Waimarie Nikora).

33. Nikora, L. W., & Poutu, H. (2014). Wananga with the dead. In *International Indigenous Development Research Conference*. Conference held at Waipapa Marae, University of Auckland, New Zealand.
34. Roche, M. A., & Haar, J. (2014). The challenge of burnt-out leaders in developing autonomy supportive organizations. In *Society for Industrial and Organizational Psychology Congress*. Conference held at Hawaii, Honolulu, USA.
35. Roche, M. A. (2014). Māori leadership. In *Kingitanga Day, University of Waikato, Hamilton, New Zealand*.
36. Roche, M. A. (2014). Impact of psychological attributes in minimising nursing stress. In *Invited address to Healthcare Management Symposium, AUT University, Auckland, New Zealand*.
37. Roche, M. A., & Haar, J. (2014). Gender differences in junior and senior leader's aspirations: Is there a female leadership advantage? *NZ Journal of Human Resource Management*, 14(1), 27-39.
38. Robertson, N. (2014). It takes two to tango: The dynamics of domestic violence. In *Safer Families Project, Whakatane, New Zealand*.
39. Robertson, N. (2014). Is New Zealand a misogynist society?. In *Safer Families Project, Whakatane, New Zealand*.
40. Robertson, N. (2014). Inequality for all. In *Closing the Gap, Tauranga, New Zealand*.
41. Robertson, N. (2014). Why doesn't she leave? The dynamics of domestic violence. In *Rotaract, Hamilton, New Zealand*.
42. Stolte, O., & Hodgetts, D. (2014). Homeless holidays: Leisure & humanity on the streets & beyond. In *Contemporary Ethnography Across the Disciplines (CEAD): Sensual Landscapes of Ethnography*. Conference held at University of Waikato, Hamilton, New Zealand.

43. Teo, S. T. T., Roche, M. A., Pick, D., & Newton, C. J. (2014). Psychological capital as moderator or organisational change demands on nursing stress. In *74th Annual Meeting of the Academy of Management*. Conference held at Philadelphia, Pennsylvania, USA.
44. Waitoki, W., & Nikora, L. W., Indigenous psychology for Maori. Research Showcase. Oral presentation at the International Indigenous Development Research Conference. 26th Nov, 2014, Waipapa Marae, Auckland.
45. Waitoki, W., & Nikora, L. W., The contributions of Maori knowledge is an indigenous psychology: Implications for practice. Oral presentation, International Research Advisory Panel, Nga Pae o te Maramatanga. 17-19 Nov, 2014, Auckland.

CONFERENCE POSTERS

46. MinKyung, L., Waitoki, W. W., & Nikora, L. (2014). *Korean migrants' experiences and attitudes towards mental illness and mental health services in New Zealand*. Poster session presented at the Māori & Psychology Research Unit Scholarship Symposium held at University of Waikato, 14th November, Hamilton, New Zealand.
47. Harris, P., Waitoki, W., & Nikora, L. W. (2014). Seeking wellbeing for Māori women with bipolar disorder: Creativity and art. Poster session presented at the International Indigenous Development Research Conference. 26th-29th Nov, 2014, Waipapa Marae, Auckland.

ORAL PRESENTATIONS

48. King, P., Hodgetts, D., & Rua, M. (2014). Homeless Māori Men: Re-connection, re-joining, and re-memembering ways of being. Paper presented at the *Māori & Psychology Research Unit Scholarship Symposium* held at University of Waikato, 14th November, Hamilton, New Zealand.
49. Harris, P., Waitoki, W. W., & Nikora, L. W. (2014). *Wāhine Whaiora: Māori women's experiences of bipolar disorder and their pathways to recovery*. Paper presented at the Māori & Psychology Research Unit Scholarship Symposium held at University of Waikato, 14th November, Hamilton, New Zealand.
50. Ruru, S., & Roche, M. (2014). *Māori women's perspectives of leadership*. Paper presented at the Māori & Psychology Research Unit Scholarship Symposium held at University of Waikato, 14th November, Hamilton, New Zealand.
51. Seuili, B., Nikora, L. W., Te Awekotuku, N., & Hodgetts, D. (2014). *Ua tafea le tau'ofe: Examining customs and cultural practices that support Samoan men and their 'aiga through loss and grief*. Paper presented at the Māori & Psychology Research Unit Scholarship Symposium held at University of Waikato, 14th November, Hamilton, New Zealand.
52. Edge, k., Nikora, L. W., Te Awekotuku, N., & Robertson, N. (2014). *Different coloured tears: Perspectives on bicultural tangihanga and bereavement*. Paper presented at the Māori & Psychology Research Unit Scholarship Symposium held at University of Waikato, 14th November, Hamilton, New Zealand.

53. Lorigan, A., Rua., M. (2014). *Sex, drugs and smashing skulls*. Paper presented at the Māori & Psychology Research Unit Scholarship Symposium held at University of Waikato, 14th November, Hamilton, New Zealand.
54. Somasekhar, S., & Robertson, N., (2014). Navigating safety in the context of immigration: Indian women experiencing domestic violence in Aotearoa/New Zealand. Paper presented at the Māori & Psychology Research Unit Scholarship Symposium held at University of Waikato, 14th November, Hamilton, New Zealand.

TOWARDS 2015-16

- ❖ Maintain and extend our working relationships through meaningful partnerships with research associates, collaborating communities and entities, and with national and international research and teaching institutions.
- ❖ Support students through providing scholarships, research training, professional development and writing for publication opportunities.
- ❖ Facilitate opportunities to host Visiting scholars, Research Fellows, Post-Doctoral Fellows, Fulbright Scholars and visiting graduate students.
- ❖ Enhance our engagement (real time and virtual) with Maori scholars across institutions and disciplines.
- ❖ Support staff writing for publication.

